

Code of Ethics: Jasna's Yoga™

I recognize that it is my responsibility and privilege to support the physical, mental, and spiritual welfare of my students and clients, and to uphold the dignity and integrity of ThouArt, LLC dba Jasna's Yoga. Therefore I agree to abide by the following ethical code:

Relationships with Students

In recognition of the trust placed in me by my students and clients, I agree to:

Show only the highest regard for their personal beliefs and values.

Offer my services to all persons, regardless of sex, race, color, ancestry, religious Creed, national origin, physical disability, mental disability, medical condition, age, marital status, political affiliation, or sexual orientation.

Avoid any action that I know will conflict with the highest interests of my students or clients.

Avoid taking unfair advantage financially, sexually, romantically, or otherwise.

Refrain from engaging in a romantic or sexual relationship with a current student or client, even if invited.

Professional Conduct

In conducting my practice, I will:

- ❖ Offer only those services that I am competent to provide, recognizing that in my practice I should always actively communicate to students and clients that they should listen to their own bodies in determining when to stop any particular exercise or therapy. Let students and clients know at the beginning and throughout each session, that it is OK if they cannot continue, and that safety is foremost.
- ❖ NOT attempt to diagnose a student or client's physical or psychological condition, prescribe a medical treatment, or suggest or approve of going against a physician's advice.
- ❖ Take continuing yoga education on a regular basis.
- ❖ NOT represent Yoga, Pilates or Massage as a religion, or that Jasna's Yoga has any particular religious affiliation.
- ❖ Be honest, straightforward, fair, and conscientious in all business dealings.
- ❖ Manage my business finances according to accepted business and accounting practice.
- ❖ Have each student who has not done so; sign a waiver of liability form before they participate in any class.

Advertising

In brochure, advertising, and other descriptions of my services (including verbal), I will:

- ❖ Make no exaggerated claims as to the benefits of my practice or my classes.
- ❖ Represent my training, qualifications, abilities, and affiliations accurately and unambiguously.
- ❖ Not act as an agent for Jasna's Yoga, in any capacity.

I understand that any reports of my breaching this code will be fairly investigated by ThouArt, LLC Members, and that it could lead to termination of my teacher-training program or contractor relationship with ThouArt, LLC, as well as reported to the appropriate authorities.

I have read and understood this code of ethics and hereby agree to its provisions:

Signature: _____ **Date:** _____

PRINT Name: _____

For issues concerning ethics, contact ThouArt at ThouArt, LLC dba Jasna's Yoga thouart1@thouart.com.